



Join us in Shoreham on Sunday, September 21 for the first running of "Le Tour de Farms" in Addison County! Choose between a 10, 25 and 30-mile route. Then sample fresh apples, pesto, cheese, wine, cider and milk, and bread and cookies at local farms along the way and at the local inn. Take your time and enjoy the beautiful fall landscapes of Shoreham by the lake while exercising in the fresh air and not emitting any carbon!

Meet us at the Shoreham Village green—rain or shine—and check-in at 10:30 AM with your bike, helmet, and water (you can refill at any of the stops) and wear comfortable clothes. Bring a raincoat in the event of wind or rain. And bring a bag if you'd like to buy anything along the way from one of the farms (or you can arrange with the farm to pick it up after the ride).

Le Tour de Farms is presented by the Vermont Bicycle and Pedestrian Coalition (VBPC), the Addison County Localvores (ACoRN) and Rural Vermont.



Le Tour de Farms  
 Shoreham, Vermont  
 September 21, 2008  
 10:30 AM, Shoreham Village Green

Presented by:



Adults \_\_\_\_\_ (\$15 advance registration, \$20 day of)  
 Kids (under 15) \_\_\_\_\_ (\$8 advance registration, \$10 day of)  
 Total enclosed \$ \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail(s) *(used sparingly!)* \_\_\_\_\_

10 miles     25 miles     30 miles



Rural Vermont

Please detach and send with check made payable to: VBPC, PO Box 1234, Montpelier, VT 05601